



**YOUR HEALTH HISTORY**

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

Are you currently being treated for any medical conditions? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please circle

Breast Cancer High blood pressure High cholesterol Low thyroid Allergies Diabetes  
Heart problems Asthma Osteoporosis Heartburn Reflux Anxiety Depression  
Blood clots Headaches Arthritis Other: \_\_\_\_\_

Do you take medications on a regular basis? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please list below

Are you allergic to any medications? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please list \_\_\_\_\_

Have you had any operations? \_\_\_\_\_ Yes \_\_\_\_\_ No. If yes, please circle

Gallbladder removal Hernia repair C-section Hysterectomy Ovary removal Tonsillectomy Appendectomy  
Tubal ligation Joint replacement Other: \_\_\_\_\_

Any family members with breast or ovarian cancer? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please list cancer, age of onset and if maternal or paternal

How old were you when you started periods? \_\_\_\_\_ Are your periods regular now? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ N/A

How many children do you have? \_\_\_\_\_ At what age did you deliver your first child? \_\_\_\_\_

Menopause age: \_\_\_\_\_ Have you been on Hormone Replacement Therapy \_\_\_\_\_ Yes \_\_\_\_\_ No How many years \_\_\_\_\_

How many breast biopsies have you had? \_\_\_\_\_ Any precancerous changes like ADH or LCIS? \_\_\_\_\_ Yes \_\_\_\_\_ No

Do you smoke? \_\_\_\_\_ Yes \_\_\_\_\_ No Former Smoker? \_\_\_\_\_ How often do you drink alcohol per week? \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Are you of Ashkenazi Jewish descent \_\_\_\_\_ Yes \_\_\_\_\_ No

Please circle any symptom you currently have:

Weight loss Fatigue Headaches visual changes Chest pain Shortness of Breath Chronic cough  
Abdominal pain Constipation Diarrhea Blood in stool Strokes Seizures Bone pain Joint pain

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_